

# APRIL 2025 Issue – 139

## एम्स प्रमुख ने कैंसर के उपचार में होम्योपैथी की प्रभावकारिता को स्वीकार किया

**न्यूज फ़ोल्डर, किरण शर्मा, नई दिल्ली।** होम्योपैथिक मेडिकल एसोसिएशन ऑफ इंडिया, दिल्ली स्टेट (HMAI दिल्ली) ने कॉन्स्टीट्यूशनल क्लब ऑफ इंडिया, नई दिल्ली में "मेडिकल ऑन्कोलॉजी और होम्योपैथी पैनेल चर्चा" पर एक दिवसीय सेमिनार का आयोजन किया, जो विश्व होम्योपैथी जागरूकता सप्ताह और विश्व होम्योपैथी दिवस मनाने के लिए एक असाधारण कार्यक्रम था।

इस कार्यक्रम का उद्घाटन बिहार के दरभंगा स्थित एम्स के संस्थापक और कार्यकारी निदेशक, प्रसिद्ध ऑन्कोलॉजिस्ट, डॉ. माधवनंद कर ने मुख्य अतिथि के रूप में दीप प्रज्वलन और होम्योपैथी के संस्थापक डॉ. हैनीमैन को पुष्पांजलि अर्पित करके किया। उनकी उपस्थिति और अंतर्दृष्टि ने इस अवसर को बहुत मूल्यवान बना दिया। उन्होंने कैंसर के उपचार में होम्योपैथी की भूमिका और ऑन्कोलॉजी में सटीक चिकित्सा के रूप में भूमिका पर जोर दिया और व्यक्तिगत अनुभव साझा किए। उन्होंने विभिन्न कैंसर के उपचार में पिछले कुछ वर्षों में विभिन्न स्तरों पर होम्योपैथिक निकायों द्वारा किए गए कुछ शोध पत्रों को साझा किया, जिससे इस तथ्य को बल मिला कि होम्योपैथी की मेडिकल ऑन्कोलॉजी में बहुत बड़ी



भूमिका है।

होम्योपैथी के क्षेत्र में अपने समर्पण के लिए दिल्ली होम्योपैथिक बोर्ड के अध्यक्ष डॉ. के.के. जुनेजा मुख्य अतिथि थे। नई दिल्ली के वेंकटेश्वर अस्पताल में रेडिएशन ऑन्कोलॉजी के निदेशक डॉ. कुलदीप शर्मा ने लिक्विड बायोप्सी आदि जैसे आजकल इस्तेमाल किए जा रहे नवीनतम तरीकों के बारे में बताया। पंजाब के मलेरकोटला से डॉ. तनवीर हुसैन ने ऑन्कोलॉजी पर अपने ज्ञानवर्धक दृष्टिकोण और इस क्षेत्र में होम्योपैथी की महत्वपूर्ण भूमिका के बारे में कुछ बेहतरीन मामलों और कैंसर के उपचार के प्रति एकीकृत दृष्टिकोण के बारे में बताया। मुख्य बिंदु यह है कि प्रत्येक रोगी के असामान्य, असामान्य

और अजीब लक्षणों को देखा जाए।

होम्योपैथिक मेडिकल एसोसिएशन ऑफ इंडिया के 50वें वर्ष में, होम्योपैथिक मेडिकल एसोसिएशन ऑफ (HMAI) के राष्ट्रीय महासचिव प्रो. डॉ. ए. के. गुप्ता ने होम्योपैथी और होम्योपैथिक डॉक्टरों के रोडमैप के लिए HMAI के दृष्टिकोण को दर्शकों के सामने प्रस्तुत किया। उन्होंने भारत में होम्योपैथिक डॉक्टरों की आवाज बनने, होम्योपैथी के सर्वोत्तम हित में सभी संघों के एकीकरण, दिग्गजों और छात्रों के बीच की खाई को पाटने, होम्योपैथी के क्षेत्र में शोध को प्रोत्साहित करने और साक्ष्य-आधारित डेटा संकलित करने पर जोर दिया।

यह कार्यक्रम होम्योपैथी की शक्ति का भी गवाह बना क्योंकि isupporthomoeopathy

अभियान अंतरराष्ट्रीय स्तर पर होम्योपैथी को बढ़ावा देने में एक शक्तिशाली शक्ति रहा। दिल्ली एनसीआर से 140 से अधिक प्रतिनिधियों ने अपनी उपस्थिति और उत्साह से इस कार्यक्रम को शानदार सफलता दिलाई। एचएमएआई दिल्ली राज्य ने इस आयोजन को सफल बनाने के लिए संगठन के सदस्यों के समर्पण की सराहना करते हुए स्मृति चिन्ह भेंट किए।

एचएमएआई की दिल्ली राज्य शाखा के अध्यक्ष डॉ. नीरज पसरीचा ने कहा कि हम एक साथ मिलकर समग्र उपचार के लिए होम्योपैथी के अधिक जागरूकता और उपयोग की दिशा में एक सामंजस्यपूर्ण एकीकृत प्रणाली और मार्ग अपनाना जारी रखेंगे। डॉ. पूर्णिमा शुक्ला, डॉ. प्रीतम सिंह, डॉ. यूसी गुलाटी, डॉ. संदीप बैला, डॉ. कमल पुरी, डॉ. दलीप सहगल, डॉ. सीरव अरोड़ा, डॉ. मयूर जैन, डॉ. शालिनी, डॉ. रश्मि, डॉ. गीता अरोड़ा, डॉ. रेणु सहगल, डॉ. राजेश जुमसल, डॉ. संकेत गुप्ता, डॉ. रिज्जुल और डॉ. चिराग कार्यकारी सदस्यों ने भी सेमिनार में सक्रिय रूप से भाग लिया।

In a glittering event at the Constitution Club of India, New Delhi, Dr. Madhabnanda Kar, renowned Oncologist, Founder and Executive Director of AIIMS Darbangha, Bihar, gave an inspiring and encouraging presentation on the Updates in Medical Oncology and he rightfully acknowledged the efficacy of Homoeopathy in the treatment of Cancers while addressing a gathering of over 140 Doctors from Delhi NCR at the Annual World Homoeopathy Day Celebrations organized by the HMAI Delhi State Branch in presence of Prof. Dr. A.K. Gupta, National General Secretary, The Homoeopathic Medical Association of India (HMAI) and Dr. Kuldeep Sharma, Director of Radiation Oncology, Venkateshwara Hospital, Dwarka, New Delhi.



# S.L.E

## WHAT IS IT

- It is an autoimmune disease and can affect the skin, joints, kidneys, brain, and other organs.
- SLE is more common in women than men by nearly 10 to 1. It may occur at any age. However, it appears most often in young women between the ages of 15 and 44.

## CAUSES

- Genetic
- Environmental
- Hormonal
- Certain medicines
- Stress

## INVESTIGATIONS

- Antinuclear antibody (ANA)
- Complete blood count (CBC) with differential
- Chest x-ray
- Serum creatinine
- Urinalysis
- Complement components (C3 & C4)
- Antibodies to double-stranded DNA
- Coombs test – direct
- Cryoglobulins
- ESR and CRP
- KFT
- LFT
- RA Factor
- Antiphospholipid antibodies and lupus anticoagulant test
- Kidney biopsy
- Imaging tests of the heart, brain, lungs, joints, muscles, or intestines

## SYMPTOMS

Everyone with SLE has joint pain and swelling at some time. Some develop arthritis. SLE often affects the joints of the fingers, hands, wrists, and knees. Other symptoms include:

- Chest pain when taking a deep breath.
- Fatigue.
- Fever with no other cause.
- General discomfort, uneasiness, or ill feeling (malaise).
- Hair loss.
- Weight loss.
- Mouth sores.
- Sensitivity to sunlight.
- A "butterfly" rash is mostly seen over the cheeks and bridge of the nose. It can be widespread. It gets worse in sunlight.
- Swollen lymph nodes.

Other symptoms and signs depend on which part of the body is affected:

- Brain - Headaches, weakness, numbness, tingling, seizures, vision problems, memory, and personality changes
- Digestive tract - Abdominal pain, nausea, and vomiting
- Heart - Valve problems, cardiomyopathy
- Lung - Pleurisy, Haemoptysis
- Circulation - Clots in veins or arteries, constriction of arteries in response to cold

## WHAT CAN YOU DO

- Wear protective clothing, sunglasses, and sunscreen when in the sun.
- Get preventive heart care.
- Have tests to screen for thinning of the bones (osteoporosis).
- Avoid tobacco and drink minimal amounts of alcohol.



## Homoeopathy can aid SLE patients as well

SLE or Systemic Lupus Erythematosus is a multi system auto-immune disease and a mere diagnosis of this disease can bring heavens down for the sufferer and the family. It is one of the most horrifying experience for the patient and the family that goes through the brunt of this deadly disease. A ferocious disease like SLE usually is treated with heavy doses of corticosteroids and other anti-inflammatory and immune-suppressant drugs to check the rampant inflammation inside the patient's body.

But many times, such immune-suppressive means of treatment end up causing more uninvited problems to the already troubled patient. This is where the role of Homoeopathy comes in. though, it is not impossible, but it is very rare and difficult to completely cure a case of SLE. If the case is even well managed with the help of medicines, that itself is a huge boon and relief to the patient. Homoeopathy definitely can help in managing this challenging disease well.

This is where in the treatment of such challenging diseases it calls for integration of various systems of medicines to help the patient in the best possible manner. The goal and aim of every treating doctor is to provide relief to the suffering patient and an integrative approach towards the treatment of such diseases can go along way in making their lives better and comfortable. For example - Homoeopathy can take care of the systemic symptoms as and when they start appearing and also cater to the suppressive and side effects of the strong Allopathic medicines being administered in a given case and hence improve the quality of life of such patients.





# MIND the MIND

## All About AUTISM SPECTRUM DISORDERS

### What is Autism Spectrum Disorder?

Autism (ASD) is a neurological and developmental disorder that affects how people interact with others, communicate, learn, & behave.

### Why is it called a Spectrum Disorder?

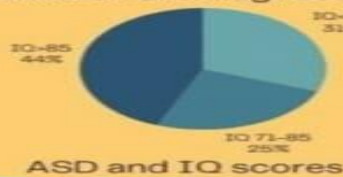
Autism is a spectrum disorder because there is wide variation in the type and severity of symptoms people experience

### Prevalence Rates of ASD

1 in 31 US children are diagnosed with ASD at age 8



Boys are 4x more likely to be diagnosed with ASD than girls



ASD and IQ scores



ASD among historically marginalized communities are diagnosed later & less often

### Symptoms of ASD



Communication difficulties

Restricted interests



Repetitive behaviors



Delayed language skills



Difficulties with social interaction



Delayed cognitive or learning skills



Delayed movement skills

### Causes and Risk Factors of ASD

There is no known single cause for ASD, but studies suggest an interaction among:



Environment



Genetics



Biology

### Diagnosis and Treatment of ASD

ASD can be diagnosed or detected by an evaluation of a child's behavior & development at 18 months old or younger

Behavioral or Psychological



Medication



Educational



ASD treatment plans are comprehensive and support the child in various ways



Mahabub  
Ahmed says



I highly recommend Kaartik as a psychologist, who has provided me with excellent guidance and support. Despite struggling with OCD for 7 years, I've gained confidence thanks to his expertise. He offered effective solutions to overcome my academic challenges, and I'm now able to study efficiently. His kindness, patience, and professionalism make him an exceptional practitioner. Kaartik sir, thank you for your support.

# DENTAL HEALTH

DR. VANDANA SINGH

## When Toothache turns out to be a tumor

Deepak Kalra from Delhi contacted his dentist about his nagging jaw pain, thinking it was probably just a toothache. "It felt like I had another wisdom tooth coming in. I mentioned it to a friend who is a physician assistant and she advised me to get it checked out," said Deepak, 38. "I called the next day. Got in that afternoon. The dentist did some X-rays. That is when stuff started to get weird."

From his dental visit, he headed to the ER. Biopsies were taken and two weeks later he had major surgery that left him with his jaw wired shut for the next five weeks. "It was a whirlwind," he recalled. Deepak turned out to have a rare condition called AMELOBLASTOMA. While the jaw pain alerted him that something was wrong, the condition isn't visible. It can only be detected through an X-ray. And by the time Deepak's ameloblastoma was detected, his tumor was the size of a golf ball. Ameloblastoma isn't the same as jaw cancer or mouth cancer, head and neck cancer, nor even a bone cancer. The tumor that develops is benign – or non-cancerous – which can develop in the jawbone. It takes over cells and grows very rapidly. We're not sure why it develops. There are no known risk factors or causes for ameloblastoma. Deepak, for example, was in good health and had no history of smoking or dipping tobacco. Still, ameloblastoma requires extensive surgery and a lengthy recovery.

The pain and fatigue kept Deepak away from work for months. Because his jaw was wired shut, he subsisted on a liquid diet, first through a syringe and later through a straw. Nearly everything he ate was fruit-based, so he craved savory food by the time he could open his jaw again. "Mashed potatoes and gravy never tasted so good," said Deepak. "Eventually I could order a hamburger, but I started with mashed potatoes."

Deepak's experience underscores the importance of making regular visits to the dentist part of an overall health prevention strategy to maintain a healthy lifestyle. We recommend that our patients visit their dentist twice a year, in part to help detect any problems as early as possible. Like most illnesses, identifying oral health problems early on makes for better outcomes. Screening for oral cancer and other mouth maladies is taught to every dental student in the U.S. Your dentist should examine your tongue, the roof of mouth, gums, cheeks, floor of mouth, and throat. A type of X-ray called radiographs are encouraged every 3 years for finding disease that cannot be otherwise detected, such as tumors that develop in the bones rather than the soft tissues.

4 years after his "toothache," Deepak now has follow-up scans every six months. He decided to share his story and hopes to encourage men to pay more attention to their health. "When you're 25 you feel as if you're invincible," said Deepak. "Men need to be more cognizant of what their body is telling them. If it hurts, it hurts for a reason." Facial pain that involves the mouth needs to be evaluated, including mouth sores if they persist. Most likely, the source will be strictly a dental problem. The number one most common source of facial pain is toothache after all. But face or jaw pain can be caused by many other oral problems such as infection, joint dysfunction, even nerve issues or more serious disease.

So do not skip your regular dental check up – or any health maintenance. Your dentist or health care provider may find something unexpected that could save your life.





**ATOPIC DERMATITIS**

**IDIOPATHIC THROMBOCYTOPENIA**

**WARTS**

AKGsOVIHAMS Medical Centre dedicated to Homoeo – Psycho Cure n Care with Wellness has been a pioneer over the years in treating difficult and incurable conditions with a good success rate and we are continuously engaged and striving in our endeavor with Homoeopathic Clinical research to combat the dreadful -

- **Motor Neuron Diseases (MND)**
- **Epidermolysis Bullosa (E.B.)**
- **Behcet's Disease (BD)**
- **Spasmodic Dysphonia (SD)**

# AKGsOVIHAMS MEDICAL CENTRE

*Homoeo - Psycho Cure n Care with Wellness*

(Accredited in LIMCA Book of Records; Global Healthcare Excellence Awardee)

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2) B-13, Local Shopping Center, DDA Market, Shivaji Enclave  
Tel: 011- 42131989

**SOUTH DELHI** - 158, Satya Niketan, Moti Bagh, near Nanak Pura Gurudwara  
Tel: 011-24100494; M- 9711013938

**NORTH DELHI** - RU-115, Pitam Pura, opp. Power House; Tel: 011- 40392959

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