

Jan. 2022 – Issue 100



AKGs

Homoeopathy Ensures Health Safely

OV HAMS

OM-VIDYA INSTITUTE OF HOMOEOPATHY & ALLIED MEDICAL SCIENCES

Homoeo-Psycho Cure & Care with Wellness



Mind the **MIND**

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ISSUE

The entire team of AKGsOVIHAMS wishes you and your loved ones a very Happy, Healthy and Prosperous New Year 2022. The start of the year marks the momentous 100th issue of our Monthly Newsletters and this special issue is dedicated to showcase what AKGsOVIHAMS has been able to achieve over the last 100 months and this also gives us a chance to thank our wonderful patients and subscribers of the Newsletter for their continuous support and faith in all of us.

With the overwhelming response and suggestions from our esteemed readers we are coming out with new sections and ventures in the coming newsletters to make it more useful and interactive.

From the Desk of the Founder-Director. . . .

I wish all a Safe, Happy, Healthy and Prosperous New Year. It gives me immense pleasure to share that our monthly E- Newsletter is completing its Century.

I wish to convey my sincere thanks to our dear Subscribers, readers, patients of Homoeopathy and Psychology at AKGsOVIHAMS, well-wishers, editorial team, staff, friends and family members for their continuous support and encouragement.

As this being the 100th issue, I thought to share my views about the journey so far and what's new to come in future issues after considering the feedbacks and suggestions to make the Newsletter more interesting and worthy of enhancing the awareness and helping the readers to attain Medical, Physical and Mental Health with wellness at large.

I had been wanting to start an inhouse Journal/Newsletter for creating awareness and updating the knowledge with my professional associates since the inception of OVIHAMS (Om Vidya Institute of Homoeopathy and Allied Medical Sciences), but somehow couldn't do it till my elder son Dr. Sanket Gupta, a Homoeopath, took the responsibility of starting monthly E-Newsletter in Oct.2013 with first issue on Osteo-Arthritis. From January 2014 Issue my younger son Kaartik Gupta, a Clinical Psychologist, also joined in and started a special section called Mind the MIND exclusively on Psychology and Mental Health. In September 2020 Mrs. Dharitri Dutta Gupta, Clinical Psychologist, also started contributing in this special Psychology section. I congratulate them all for their dedicated and excellent work in keeping the standard high of the Newsletter.

The COVID Pandemic has been widely covered in our various issues from the main Covid Infection to post Covid Complications etc. and both Medical and Psychological aspects were covered extensively. Our team of Homoeopathy and Psychology experts actively participated by giving talks and on panel discussions in many Radio, Door Darshan and TV programs. AKGsOVIHAMS had started a Free Helpline also and rendered services (both online and in-clinic) and helped over 5000 patients from all over the country. Apart from this innumerable families were given Free Homoeopathic Immunity Booster Medicines as per the advisory of the CCRH, Ministry of AYUSH.

Till now our efforts had been to create awareness about the concerned diseases and psychological issues for better Physical and Mental health. Reader's questions had been answered regularly by the experts. We have always been open to constructive feedback and criticism, though we tried giving all maximum information including the latest researches also.

I on behalf of entire team thank all for the trust and support provided to us in all these years and look forward to the same patronage in future also.

We wish to make our Newsletter more interesting, useful and interactive. We wish to introduce some new features from the next issue. The salient new features would be: -

- Guest Column of renown National and International Specialists for better healthcare and wellness
- Interactive and Rewarding features would be introduced and many more

Do recommend this Newsletter to your friends, family members too. For Free Subscription leave name and Email at www.ovihams.com and you can also view all our previous Newsletters at <https://ovihams.com/newsletters.html>

Once again, I take the opportunity to thank all Subscribers, Patients, Readers, Friends, Entire team of AKGsOVIHAMS and all the well-wishers for their encouragement with Congratulatory Messages and Blessings in making it successful.

I Pray to God to bestow Safety, Health, Happiness, Harmony, Peace and Prosperity in everyone's life.



The Journey of our Newsletters

WHAT PEOPLE SAY ABOUT HOMOEOPATHY
I could have written 'What's in a Name?' without the invitation, because the chosen Dr. Galy (Innocent) was a friend.

THE END
The end of the world is not the end of the world. The end of the world is the end of the world. The end of the world is the end of the world.

HOMOEOPATHY IS EVERY INFANT'S BEST FRIEND
Parents usually opt for Homoeopathy and try to avoid the kind and chemical based Homoeopathic medicines for their small kids. Homoeopathy has always been able to maintain the full of the disease capacity in an infant as it not only cures the problems completely but also helps in their overall healthy development.

NEWS LETTER
AGK's OVHAMS celebrates its 15th Anniversary along with its 100th Birth Anniversary (1914-2014) on 15th August 2014. The celebration was held at the AKG's OVHAMS, New Delhi, India.

THE YEAR THAT WAS
A special anniversary is celebrated in the form of a year-end review. The year-end review is a time to look back at the year that has just passed and to reflect on the achievements and challenges of the year.

ATTITUDE OF GRATITUDE
Gratitude is a powerful emotion that can improve your health and happiness. It is a simple practice that can be done every day.

Happy Independence Day
On this day, we celebrate the freedom of our nation. It is a day of pride and patriotism.

The 1st ever issue was released in October 2013 and since then every month a new disease is discussed. Also, since January 2014 a new topic and condition is discussed every month regarding Mental Health in the section Mind the MIND

STRIVING FOR EXCELLENCE

Childhood Eczema Horrible experience finally got cured with homeopathy

I am really grateful to Dr. A.K.Gupta for helping me during one of the worst phase in my life. I was suffering from Childhood Eczema (Atopic Dermatitis) since i was an infant. I had consulted many allopathic doctors at different places but got only temporary relief. But since I visited Dr. Gupta few years ago, though the treatment continued for years, but i am glad it was cured completely.

I am so thankful to Dr. Gupta for his kind help and love and affection extended to me. The decision taken by my family members and me was the right choice.

Homeopathy is suppose to work miracles! I belive and strongly recommend Homeopathy!!

GB Syndrome Cured with Homoeopathy

Shivram Paudel,USA

I was diagnosed with Guillian Barre Syndrome on July 15, 2018. Dr.A.K.Gupta of AKGsOVIHAMS treated me with Homoeopathic medicines. After nealy one Year , most of my body has recovered and regained strength. Waiting for my fingers and lower leg to get back to normal. Thanks to Dr.A.K.Gupta and Homoeopathy.

<https://www.youtube.com/watch?v=WmN5jBYELpI&t=34s>

Shivram Paudel

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https://www.youtube.com/watch?v=LFFFr_LuAEE&t=5s

Critical case of Hepatitis responds magically to Homoeopathy

Mr. N. C. Joshi,New Delhi

My father (aged 77 yrs.) has been living since last 2 years with stage 4 colon cancer that has gone to Liver. He was operated upon for removal of colon tumour in 2018 followed by intensive chemotherapy (10 chemo sessions) which he tolerated well. However, in May 2020 he had to be admitted to hospital in emergency following complaints of nausea, vomiting, drowsiness & weakness. His Liver & kidney functions were derailed & he got diagnosed with Hepatitis B also. His health became extremely fragile and he had to be kept in ICU for around 10 days and then moved to the wards. Despite all medical intervention, his recovery was very moderate. His Bilirubin level kept on increasing in this whole period & eventually reached around 12. He became very weak and was not able to even eat food on his own or to sit & was drowsy most of the time. He had lot of body pain, severe constipation and feverish most of the time. During this time the doctors at the hospital told us that he should be taken home as he will live only 4 to 5 days more!

I have known Dr Gupta for a long time now & have deep faith in him. I regularly consult him for my family health. I discussed the case with him and started with homeopathic medicines.

Within one day the pace with which the Bilirubin level was increasing decreased and, in few days, it started coming down. In just a month he moved out of the bed and started moving around. His bilirubin level is almost normal now (1.14) and he has better appetite and bodily strength. Today, after a treatment of just over 2 months, he is much better now.

I am highly grateful to Dr Gupta who saved my father's life and is helping him live a better life... I would highly recommend Dr Gupta for any ailments howsoever complex it may be.

INFANTILE LEFT INGUINAL HERNIA CURED WITH HOMOEOPATHY

My self Prabhakar Singh and I have a new born baby boy approx. 1 month of age who was suffering with inguinal hernia. Every Doctor I saw for my son said that the treatment for Inguinal Hernia was not possible and that only surgery was the way out.

But someone suggested trying to look for any treatment in Homoeopathy for once. I came across AKGsOVIHAMS clinic on the net and I went to consult there for my son. We met Dr. Sanket Gupta there and he was the 1st doctor who said that my son could be treated and there was no need of surgery. We were thrilled to hear this but also doubtful if this was possible. But the way Dr. Sanket assured us, made us believe in him and Homoeopathy. With full faith we started the treatment in May 2015 and in just 2 months treatment my baby became absolutely fine. The swelling of hernia had disappeared in 20 days only but to completely cure we continued the medicines for 1 more month. We have never seen hernia again till date.

I want to thank Dr. Sanket Gupta for saving my son from the misery of a surgery.

Thank you Dr. Sanket and Homoeopathy

Yaman Verma,New Delhi

ALLERGY

Since a very long time I have been facing skin allergies and I tried everything but didn't get any positive results. Then someone told me to try Homeopathic medication and visit to a skin allergies expert who can understand my situation and treat me for the same. So I started searching on the web for a skin allergies specialist and then I discovered A.K.Gs OVIHAMS skin clinic in New Delhi at Satya Niketan Moti Bagh II and I got the chance to meet Dr. Sanket Gupta. I would say he is an Allergies expert. My Treatment is going on for the past 5 months and I am really getting very positive results. My skin allergies fading off day by day and there is no itching whatsoever. I would say I am 80% cured. I am very thankful to Dr. Sanket Gupta. He understands my situation and he really knows how to tackle skin allergies and how to treat them without any side effects.

"Thank You sir you are doing a very good job."

Recommended

Visited for Counselling for Depression & Anxiety, Personal development, Stress

It's been a wonderful experience with Mr Kaartik Gupta. He has truly been a great support in my journey of battling my battles within myself. His methodologies and the conversations, with him, were exactly what i needed the most, and I'm sure he puts these efforts with each of his client. He has an amiable personality and always greets you with kind words and smile. He understands his client at a very deep level and makes a very comfortable space for them; for which I'm very thankful to him.

Recommended psychologist 

MR. AMIT TAGRA Published 4 Aug 2019

Recommended

DR. SANKET IS A THOROUGH GENTLEMAN AND A LEARNED DOCTOR. HE LISTENS TO YOUR PROBLEMS FIRST AND THEN THE TREATMENT HE GIVES IS VERY PRECISE . YOU CAN FEEL THE IMPROVEMENT IN YOUR HEALTH RIGHT FROM THE VERY FIRST DOSE.

HOMEOPATHY IS A VERY EFFECTIVE SOLUTION TO ALL HEALTH PROBLEMS WITHOUT HAVING THE ILL SIDE EFFECTS OF ALLOPATHIC MEDICINES.

Recommended

Visited for Family Problems, Personal development, Study habits, Life sKILLS, Stress

Since my very first visit, Dr Kaartik has been friendly and receptive to my issues. He addresses each and every question I have with discretion and objectivity. What I like most about the sessions is his methodical approach to varied problem such as emotional eating, binge watching, procrastination and impulsivity. The sessions with him are not only interactive but also solution oriented and effective.

Recommended

I was crawling between hazard thoughts. No, it was not new for me, as i am having these since childhood, being an introvert and sexually abused child. The problem of not finding own soul was so difficult for me that i was almost lost in chaos. I even gave up my passion of writing and devastated for not having a urge to write again. Thankfully i made the decision to talk to Ms Dharitri Dutta, beside of a busy schedule i somehow managed the time to talk to my therapist. Her words was made of cure and courage to remind myself everything i deserve and everything i can. And then happened the lockdown (during that time mental health issue was at peak worldwide, but i think it was my pre lockdown conversation with Ms Dutta, that kept me so calm and working); hence it was an unfinished session but i am much better and well now a days.

Recommended

When I visited Dr. Dharitri, I was diagnosed with anxiety due to an ongoing medical situation. We have been working for the past 2-3 months and I have seen significant improvements over the sessions to the point that it is barely there now. We worked upon to find the root cause of the issue and address the same. Will be continuing the sessions till I am confident that it would not repeat again in the future.

EVENTS & ACTIVITIES

In the 50th issue of our Newsletter we are happy to inform that the Pitam Pura branch of AKGSOVIHAMS Medical Centre was inaugurated on the 21st Oct., 2017 by Sh.K.G.Suresh, Director-General Indian Institute of Mass Communication. It was also 61st Birthday of Founder-Director of AKGSOVIHAMS Prof.Dr.A.K.Gupta on the same day. A Charitable Homoeopathic OPD has also been started on that day which would run from Monday to Saturday from 9am to 11am. Few glimpses from the event –



Prof. Dr. A. K. Gupta being felicitated at the recently held International Indian Science festival in Kolkata

He chaired a session on Alternative Medicine and also presented his research work on the Efficacy of Homoeopathy in Motor Neuron Diseases in 378 cases



Kaartik Gupta presented his 1st paper at an International level along with Prof.Dr.A.K.Gupta in the recently held conference organized by the Asian Homoeopathic Medical League (AHML) in the city of Almaty, Kazakhstan. It was a combined presentation on Attention Deficit Hyperactive Disorder (ADHD) with a Psychobiological and Homoeopathic Perspective. To know



Free Camp on Diabetes Mellitus was held at our Pitam Pura branch this Saturday on 13th January, 2018 as the first camp of a series of Free Monthly Health Camps on every 2nd Saturday at AKGSOVIHAMS. Patients availed Free Homoeopathic Consultation and treatment and Free Blood Sugar investigations were also done along with other Blood tests and lab investigations at 30% discounted price.



In the recently held 260th Birth Anniversary celebrations of Dr. Samuel Hahnemann, the Father of Homoeopathy, the Board of Homoeopathic System in Delhi honoured Dr. Sanket Gupta with the prestigious Appreciation Award for his contribution and services to the humanity with Homoeopathy. The award was presented by the Hon'ble Parliament Secretary Health, Govt. of NCT Delhi, Mr. Rajesh Kumar. The event was a huge success with Homoeopathic doctors from all over Delhi making their presence felt at the prestigious Annual function at Peayare Lal Bhawan, New Delhi.



Hon'ble Health Minister of Delhi, Sh. Satyender Jain released the Monthly Newsletter of AKGSOVIHAMS on 24th April 2016, at the Peayare Lal Bhawan, New Delhi

WORD MENTAL HEALTH DAY 2020

JOIN US FOR A WEEK LONG LECTURE SERIES ON OUR FACEBOOK PAGE: Mind the MIND

Dr. A.K. Gupta Consultant Homoeopathic Physician, All India Institute of Medical Sciences, New Delhi	Dr. Kaartik Gupta Consultant Clinical Psychologist
Dr. Sanket Gupta Consultant Homoeopathic Physician, All India Institute of Medical Sciences, New Delhi	Dr. Dhriti Gupta Consultant Clinical Psychologist
Dr. Sanket Gupta Consultant Homoeopathic Physician, All India Institute of Medical Sciences, New Delhi	Dr. Dhriti Gupta Consultant Clinical Psychologist

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Founder-Director AKGSOVIHAMS, Prof. Dr. A.K.Gupta receiving the prestigious International Award for Excellence in Homoeopathy from the Ambassador of Finland and the Mayor of Ranchi in Ranchi in the left picture and with Jal Mantri Mr. Gajender Shekhawat at Jal Prahari Samman in the right picture

जीवन शैली में बदलाव मनोरोग से बचाव

जीवन शैली में बदलाव, मनोरोग से बचाव
अपने को किसी एक सामाजिक कार्यों से जोड़ें

प्राधान्य नौद लेने की कोशिश करें, मोबाइल को दूर रखें

CANCER: CAUSES AND TREATMENT ON 20TH OCTOBER | TOTAL | Oct 18, 2019

DD NEWS ईमेल:- DDNEWSTOTALHEALTH@GMAIL.COM

DR. A. K. GUPTA
FOUNDER DIRECTOR, AKGS OVIHAMS

संस्करण 2021 के लिए अखिंड अग्रिम डिस्क्रेट, केंद्रीय वाणिज्य एवं उद्योग मंत्रालय के | Nov 6, 2021

DD NEWS HD COVID-19: DOCTORS SPEAK

DHARITRI DUTTA GUPTA
CLINICAL PSYCHOLOGIST

BOARD OF HOMOEOPATHIC SYSTEM OF MEDICINE DELHI

Special Appreciation Award 2018

Dr. Sanket Gupta

संकेत गुप्ता

Prof. Dr. A. K. Gupta was invited to talk on the occasion of World Homoeopathy Day on the prestigious and India's most popular health show – "Total Health" on DD NEWS on the 10th April. Watch

संकेत गुप्ता

Prof. Dr. A. K. Gupta presenting at the Scientific Conference held at Vigyan Bhawan on the occasion of World Homoeopathy Day, 2021. Theme of the conference was "Homoeopathy – Roadmap to Integrative Medicines"

COVID-19: DOCTORS SPEAK

CALL 011-23387031 OR 011-23097655

संकेत गुप्ता

Prof. Dr. A.K.Gupta conferred with the prestigious Dharma Award by Nandan Award

Dr. Sanket Gupta and Kaartik Gupta of AKGSOVIHAMS Medical Centres presented a paper titled "Role of Integration of Homoeopathy and Psychology in the treatment of Obsessive-Compulsive Disorder (OCD)" at the 27th International Homoeopathic Conference (IHCON) of Asian Homoeopathic Medical League (AHML) held by AHML Nepal Chapter from 20th - 21st April, 2019 in the capital city of Kathmandu. Over 200 delegates from countries like Bangladesh, India, Malaysia, Nepal, Oman, Russia, etc. attended the event. The chief guest for the 2-day conference was the former Minister of Nepal Mr. Pushpa Kamal Dahal, popularly known as Prachanda.

FREE TELE-CONSULTATION SERVICES

Exclusively for COVID and Post-COVID care of Patients and their family members

Time: Monday-Saturday 5:30 pm-8:30 pm

Consult with Homoeopathic Doctors for:

- Preventive medicine
- Care for COVID related symptoms
- Medicine for Post-COVID Complications

Consult with Clinical Psychologists for:

- Low Mood and Anxiety
- Sleep Disturbance
- Loss of Appetite
- Any other psychological issues

Dedicated Team

Homoeopathic Doctors:

- Dr. (Prof.) A. K. Gupta (+91-7013842322)
- Dr. Sanket Gupta (+91-9711013938)

Clinical Psychologists:

- Kaartik Gupta (+91-9851653945)
- Dhriti Gupta (+91-7024732022)

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ओम - विद्या चैरिटेबल होम्योपैथिक ओपीडी
सुबह 10 बजे से 11 बजे तक

AKGSOVIHAMS मेडिकल सेंटर
होमियो-साइको इलाज और देखभाल वेल्नेस के साथ
आरव्यू - 115, पीतपुरा, पावर हास के सामने
फोन- 011-40392959, 7011842322, 885165345

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प्रो. डॉ. ए.के. गुप्ता (एम.डी.) डॉ. संकेत गुप्ता (एम.डी.) डॉ. प्रवीण, कार्तिक गुप्ता (एम. फिल.) धरित्री (एम.फिल.)



WONDERS OF HOMOEOPATHY

HOMOEOPATHY CAN DO MIRACLES!

I, Vinod Monga resident of Rajouri Garden (West Delhi) India, would like to share my experience with homoeopathy and Dr. A. K. Gupta. On the morning of 17th June, 2018 (Sunday) I woke up with a very severe pain in my testicles which were swollen very heavily. I rang up Dr. A. K. Gupta and told him about my condition. He advised me to have two different liquids – Belladonna and Rhododendron 10-15 drops every 2 hour alternatively. Being a Sunday, his clinic was closed so he asked me to get an ultrasound done and meet him in person the next day. On Monday I got the report and went to his clinic. He explained that I had Hydrocele and Epididymitis problem and gave me two small bottles of different liquids and a bottle of some "Magical pills" to be taken every hour. As severe pain persisted, he advised me to apply hot water bottle or ice cold pack. After 2-3 days, I went back to the doctor again as the pain was still quite severe. Now he advised me that this requires surgical treatment to be resolved immediately. But I was adamant and forcefully requested him to treat me in his clinic only with his "magical Homoeopathic pills and liquids". My wife and other family members were also insisting me to consult a surgeon or an allopathic doctor. But seeing my trust and confidence in homoeopathic treatment, Dr. A. K. Gupta asked me to finish the medicine within 48 hours and visit his clinic regularly. In the meantime, he advised

BLOOD TRANSFUSION STOPPED WITH HOMOEOPATHY

My father is suffering from Aplastic Anaemia which has been diagnosed by AIIMS in the month of August-2006 due to that problem his Hb & Platelets counts reduced very quickly & he has also feel very week etc. But with the god grace someone direct me to meet Dr.A.K.Gupta for Homoeopathy expert, accordingly I along with my father visited in clinic & after treatment of almost 5 months the following reports comes:

- His Hb maintained at least 35-40 days & frequent transfusions of blood stopped.
- Platelets come 72000 from 13000 which have maintained no bleeding from the body

Note: Doctor has also suggested taking leaf of papaya & maximum green vegetables also.

We really thanks to God & Dr. A.K.Gupta for the same.

Name: Jasmeet Singh

Beauty of Homoeopathy in a terminal case of an ASD/VSD child complicated with severe Bronchopneumonia

It was a big surprise for me and a real show also, of the positive effect on human body of the homoeopathy medicines. My child has heart problem by birth. He had multiple VSD, ASD + TGA... After his second operation of the heart at AIIMS The heart became quite ok, but he got some sever infections in his lungs and side effects of medicines on his kidneys. He remained unconscious in the ICU for last one and half months after surgery. The child was on ventilator and was not passing urine. No allopathic medicine was helping him to improve his condition. His body had swollen up badly and there was no hope of his survival. Finally, with no hope left from allopathic medicine. We consulted to Homeopathy Dr. A. K. Gupta, after understanding the situation he gave three days medicines for the child. The result started showing within 18 hours. My child passed 1litre urine in 24 hours, next day 900 ml. Within 48 hours situation changed into hope and within 8 days child was out from ICU. After 20 days we were at home with a strong belief on homoeopathy.

Thanks to Doctor A. K. Gupta and thanks to Homeopathy!

Ashwani kumar

Non-Healing DIABETIC FOOT Cured with Homoeopathy



Emergency dealt by Homoeopathy in a Multiple organ involvement case of MND

The case mentioned below is that of my father Mr. Madan Mohan Vohra (aged 69 yrs). We are based in New Delhi India. He'd got a brain tumor removed surgically way back in 1991 from University Hospital, Stony Brook, New York, USA. He has had diabetes and hypertension for as long as 35 years. He was going quite alright till about November 1999.No major complaints so far. A mild heart attack in April 1998.

Starting in the later part of 1999, he started complaining of weakness and difficulty in movement of limbs etc. To our horror he was discovered with MND (motor neuron disease), something not really known in this part of the world.

Every passing month his condition deteriorated. By the starting of 2002 he had become a complete vegetable, alive but motionless. He just could not move. Then started multiple problems due to the vegetable state, bed sores etc. All this while he'd been on allopathic medication.

By the end of 2002 he developed severe asthma and congestion. Due to no movement and strong medication he also developed ulcers but not very severe. He was vomiting blood. Got him admitted to a Hospital. Stayed there for week. Second day after being discharged he was vomiting again. About 10-12 times a day.

I wanted a change in his medication. Dr. A K Gupta examined him at our residence and started Homoeopathy the same evening. Before next morning his condition

Case of Epidermolysis Bullosa treated with Homoeopathy

Wonders of homoeopathy / Case of Epidermolysis Bullosa ...

A new born baby was brought to our AKGSOVIHAMS Moti Bagh branch. He was just 12 days old small boy named Jitender who was having thick scabs all over the body with peeling off skin.

The child was born absolutely normal but on the 9th day, there appeared a big vesicular eruption (bulla) on his left thigh. The fluid filled eruption burst open the next day and there was formation of thick yellow colored scabs. The skin started peeling off even on slightest touch. There was no discharge. There was no pain as the child was seemingly in no distress. He appeared slightly pale.



It was a full term normal vaginal delivery at home. The pregnancy was absolutely uneventful with no history of any medication by the mother.

I examined him thoroughly and diagnosed this as a case of *Epidermolysis Bullosa*.

The baby boy was given prompt and apt Homoeopathic t/ with the help of which the child was absolutely cured off his malady within 1-2 months and hasn't reported any recurrence.

Treatment Given -

- Sulphur 30/ 1 dose
- Calendula Q for external wash
- Caust. 30 & Hydrocotyle 30 once each in between for acute troubles.

Case of Brain Stroke Cured with Homoeopathy

Mrs. Dheer 65 yrs suffered Brain Stroke and was hospitalized . After the discharge from the hospital she was in a vegetative state where she had almost lost her Speech, developed Hemiplegia, Lost control of Urination and Stools. She was declared incurable by the hospital and neurologists and nothing can be done now for her was the only phrase the family members were to hear from everywhere. Then the family was advised to try homoeopathy and that's how they came to me. After taking her complete case history and analyzing the symptoms I gave the homoeopathic medicine *Causticum*. With in a weeks time she started showing signs of improvement in the form of started getting feeling and sensation about the Urination, she could make people understand that she was about to urinate. This was the turning point for the family towards hope and faith in homoeopathy. After the continuous treatment of more than 6 months she had improved tremendously when she developed full control over her urination, stools and started making sound of words though which was not fully understandable that time. With other medicines given time to time according to the symptoms and constitution she was fully cured and she visited my clinic on her own feet after a period of 18 Months of treatment with full recovery of all her symptoms and now she could speak also properly. She thanked Homoeopathy for saving her from the misery of vegetative life which she and the family members were compelled to accept as her fate before starting Homoeopathic treatment. Now the Dheer family

ITP patient cured with Homoeopathy

Tarlok Singh,Dehi

Patient suffering from ITP use to get regula patches on the skin and Platelet count use to fall down. Use to have bleeding also. Was treated at AIIMS with Steroids and Transfusions. After starting Homoeopathic treatment the frequency of all these decreased tremendously and after the continuous treatment for nearly 2years child got fully cured. To he came to clinic after almost 20 years to show his wife.

<https://www.youtube.com/watch?v=dV71sNt7-HI&list=PL22wcb0irpady51m2h0x0ca5i2qptShenr0q2hmj00u00c2>

Say No to surgery for kidney stones

My name is Mr. Jaswinder and I am a 31yrs old Army officer. Just a week back ON 18th April 2013, I had a severe crampy pain in my left side of abdomen and the left groin. It was so severe that I immediately called up my doctor. Dr. Sanket Gupta asked me to see him immediately at his AKGSOVIHAMS Clinics in Satya Niketan Moti Bagh. He examined me and said that he suspected a stone in my kidney. I got an Ultrasound done. It said that I had 2 stones in the middle pole of my left kidney and a big stone measuring 7.8mm in my left ureter. Dr.Gupta gave me some of his Homoeopathic medicines and a liquid and asked me to take the medicine every 2 hourly. I wondered if such an acute condition could be handled with Homoeopathy, but as Dr. Gupta said, I followed his instructions. 2 days later in the morning when I went to the bathroom in the morning, I passed urine with difficulty and there was a sound hitting the vessel. I later found out that I had just passed out a huge stone in my urine. It was an unbelievable realization that in just 2 days Homoeopathy was able to cure me off this acute condition and I am very thankful to Dr. Sanket Gupta for this.

Miracle of Homoeopathy

Surinder Pal Singh, Greater Noida

It is very important that every patient should have faith in the type of medicine he is taking and more importantly one should have faith in the doctor who is treating him. Dr. A. K. Gupta has been associated with our family for last 20 years.

I wish to share my own experience with Dr. A. K. Gupta who treated me and cured me successfully from my major injury sustained in a car accident that resulted in serious spine injury with a hairline fracture between vertebrae D7 and D8 causing a blood clot. Various doctors of Allopathy had told me that I will be bedridden for the rest of my life even if I was operated upon.

Luckily enough my parent met Dr. A. K. Gupta at his clinic in Rajouri Garden with all my reports. Within 3 months of taking continuous Homoeopathic medicines, I started normal walk and joined my job. However, precautionary I continued his medicines for another 3 months. It has been 20years since then and till today I am living as normally and as happily as any other person of my age. I am greatly thankful to Dr. Gupta and his staff for putting me on road as I have been cured permanently.

WORDS OF ENCOURAGEMENT



सत्येन्द्र जैन
SATYENDAR JAIN

स्वास्थ्य, गृह, जल, ऊर्जा, उद्योग,
शिक्षण एवं बाढ़ नियंत्रण, लोक निर्माण विभाग
एवं शहरी विकास मंत्री
Minister of Health, Home, Water, Power,
Industries, Irrigation & Flood Control,
PWD and Urban Development



राष्ट्रीय राजधानी क्षेत्र, दिल्ली सरकार
GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI
'ए' विंग, सातवां मंज, दिल्ली राधिकालय
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No. PA/1001/BC/2022/54
Date: 25.01.2022

MESSAGE

I am happy to know that AKGsOVIHAMS (Om Vidya Institute of Homeopathy and Allied Medical Sciences), which is dedicated to Homeo Psycho Cure and Care with Wellness is publishing free monthly E-News letter in order to create awareness about Health, Homeopathy and Wellness among masses. This E-News letter will be helpful in providing a proper communication channel to peoples.

I convey my best wishes to the all members of AKGsOVIHAMS (Om Vidya Institute of Homeopathy and Allied Medical Sciences) for the success of this E-News letter.

(SATYENDAR JAIN)



Dr. RAJ K. MANCHANDA
M.D.(Hom.), MBA (Healthcare)
Director



Government of N.C.T. of Delhi
Directorate of Ayurvedic, Yoga
Unani, Siddhi & Homeopathy (AYUSH)

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Dr. 14/01/2022

D.O.No. P.S./Dir.(AYUSH)/2022/15

Message

It is a pleasure to write in this newsletter which is being released every month on different themes of public health importance. Sharing of information is one of the important activities of all medical institutions be it medical colleges, hospitals, or stand-alone clinics. This newsletter is one such source of knowledge by AKGsOVIHAMS through the presentation of their work and experience. This publication would be useful for the homoeopathic fraternity.

I am immensely happy to know that AKGs OVIHAMS is committed to patients' treatment and welfare with a Holistic approach. There is no doubt that the integrated approach adopted by them is beneficial for the community. I compliment the pro-active role played by them in the treatment of rare diseases, and in the promotion of health and happiness.

The vision for future should be to make both the medical centre and newsletter even better in quality with divergent thoughts, innovations, and contributions.

I wish to congratulate all those associated with AKGs OVIHAMS and all those who have contributed to the newsletter.

(Dr. Raj K. Manchanda)
Director (AYUSH)



First of all congratulations to Dr. A k Gupta and all contributing to OVIHAMS Monthly news letter and who are spreading continued awareness and education about potentials of Homoeopathy in various disease conditions for fellow colleagues in Homoeopathy and to masses and reached to 100th edition of same. Taking out time out of very busy practice for such a noble cause and for system of Homoeopathy is laudable.

It is not untrue that Homoeopathy is effective in many disease conditions and is a time tested medicine which has shown its marvelous cures through the hands of classical homoeopaths. This has been all the more evident in Covid times where in prophylactic effect of genus epidemicus Arsenic Album 30C has been substantiated with research studies and found to be have protection rate of about 80 percent. Even in treatment studies at big tertiary care hospitals wherein Homoeopathy was used as adjuvant to standard of care, it has been gathered that in Homoeopathy arm, recovery of patients was two days earlier with minimal complications and with significant less mortality. Integrative use of Homoeopathic management in such setups require more and more validation and is worth exploring.

Let all homoeopaths achieve high amount of success in their clinical practice and also do proper documentation and publish same in this monthly endeavor of AKGsOVIHAMS news letter.

Dr. Anil Khurana
Chairman National Commission of Homoeopathy

09-4



Dear Dr Gupta,

I am really delighted to know that AKGOVIHAMS would soon be coming out with the 100th issue of its monthly E-Newsletter with which I have been associated since inception. The newsletter has played a key role in disseminating critical information related to ailments, health, nutrition, homoeopathy, mental health and wellness apart from holistic/integrated medicine, both among the medical fraternity and the people at large. As regular readers, I and my family have personally and immensely benefited from the publication.

I wish to extend my heartfelt greetings to your team on this occasion and hope that the newsletter shall continue to perform its stellar role in creating awareness to build a happy and healthy society.

Regards and Best Wishes

Prof K G Suresh

Vice-Chancellor, Makhnial Chaturvedi National University of Journalism & Communication, Bhopal

Former Director General, Indian Institute of Mass Communication

President, Global Media Education Council (GMEC)

Recipient, Ganesh Shankar Vidyarthi Award for Outstanding Contribution to Journalism, Govt of India

Former Senior Consulting Editor, Doordarshan News

Former Chief Political Correspondent, Press Trust of India

Founder Dean, School of Modern Media, University of Petroleum & Energy Studies, Dehradun

Former Editorial Consultant, Asianet News Network

Former Media Advisor, Dalmia Bharat Enterprises Ltd

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kgsure@gmail.com



DR C K KHANNA
(Former Acting President BCCI)

MESSAGE

It is a pleasure to give our message in this monthly news letter educating public about health issues.

This News Letter is sharing great knowledge by AKG s OVIHAMS through their day to day activities.

I am delighted that AKGs OVIHAMS is committed to welfare of human beings.

I wish to congratulate all those associated with AKG s OVIHAMS & all those who are actively involved with this News Letter.

Dr C K Khanna
Dr C K Khanna



I congratulate AKGsOVIHAMS team led by senior Homeopath Dr. A.K. Gupta for pioneering work in the field of homeopathic medicines and treating successfully scores of people suffering from otherwise diseases which have no cure in allopathic system. I have taken homeopathy sweet pills many times in the past, and found the medicine very effective which are free from any side effects. Dr. Gupta is doing a great service through this news letter which very well captures the complicated cases which he and his team have cured and brought smiles back on the faces of the patients dejected with the allopathic system. His work is creating a strong case study bank for future references. My best wishes to Dr. A.K. Gupta and his team.

Mayank Aggarwal
Director General Doordarshan

10:23



GODFREY OKOYE UNIVERSITY

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PSYCHOLOGY CLINIC

22nd Jan 2022



Dear Dr. A.K Gupta,
Founder-Director AKGsOVIHAMS

Congratulations on your achievement.

Hard work pays off and you have proved it.

AKGsOVIHAMS has been carrying out E-Newsletter every month in order to create awareness among the masses about Diseases, Health, Homeopathy, Mental Health and Wellness. And on this special issue, the 100th issues I send you my congratulations

God has truly gifted you with many talents, and I know He is pleased with the way you have chosen to use them. I hope you will enjoy this amazing achievement with which He has blessed you.

Best Regards,

Sr. Dr. Veronica Njideka Irrigwe



Dear Doctor Gupta ji,
Heartiest congratulations. You have been a pioneer in the field of Homoeopathy. I have been reading your monthly Newsletter regularly. You deserve our appreciation for your outstanding contribution to humanity. Newsletter being published contains very valuable information with regard to health both physical as well as mental and you have dedicated your life for noble cause.

I congratulate you from core of my heart on reaching milestone of getting Special 100th issue of Newsletter being published. You have given a ray of hope to those suffering from incurable diseases by successfully curing those patients through Homeopathic medicines. May God bless you with healthy and long life.

With warm regards,
Rabbi Ezekiel Isaac Malekar

21:02



Dear Dr AK Gupta, my heartiest congratulations to you on the release of the hundredth issue of your monthly newsletter. I wish you the best for the future and hope that your initiative to spread awareness among the general population will go a long way.

Dr Vinod Khetarpal
Past President DMA
Khetarpal Nursing Home, GN-5,
Shivaji Enclave, New Delhi 27

22:23



I congratulate AKG OviHams for 100th edition of their News letter. Me and my entire family has been consulting them since last 7 years for every medical assistance. Dr Sanket has been treating successfully our three generations for various medical issues. I wish them great success In future. All the Best

Asar Pal Singh
Working President
School Games Federation of India
Ex Resident Commissioner, UT of
Lakshadweep

13:14

Homeopathy has been deeply rooted in the Indian ecosystem for many years. A proven track record has strengthened and further enhanced its reach in the country. Several homeopathic practitioners over a period have earned international and national levels of recognition. Dr AK Gupta is one of the many successful homeopathic practitioners in the country who have done yeoman service to mankind, both within and across the national boundaries. I have personally benefitted from his course of treatment several times, and thus, wish him and his institution called OviHams all the best, now and always.

Dr Nakul Parashar
Director, Vigyan Prasar
DST, Govt. of India





I am delighted to hear that AKGsOVIHAMS monthly E-Newsletter about Diseases, Health, Homoeopathy, Mental Health and Wellness reaches a Special 100th issue.

There are ten years passed since my wife and I first time met Dr. A. K. Gupta Founder-Director AKGsOVIHAMS and his son Dr. Sanket Gupta who, along with his other son Kaartik Gupta, radiate the truth and right information in this jungle of fake knowledge what the world became.

Thanks to homeopathy and AKGsOVIHAMS, my family got one more member. My beautiful daughter.

With the best wishes,
Momcilo Vukovic, Counsellor at the Embassy of Bosnia and Herzegovina



The current pandemic that the world is undergoing is perhaps the most difficult time we are ever going to face in our lives. It is even more difficult for the doctors who are working tirelessly to ensure that all those who are infected are provided the best of medical care and facilities. Their contribution deserve our gratitude each and every day.

Being a doctor brings many new challenges every day and one such challenge is to keep fighting for the health of patients. Only a doctor is blessed with the magical powers to treat a life, to bring health into our lives and to be there with us when we have lost all the hopes. And here I would like to state and congratulate Dr Sanket Gupta for doing an amazing job in his field especially in these pandemic driven tough times.

The Pioneers of homeopathy have mentioned at every step that a dose of homeopathic medicine does wonders. Dr Sanket is making sure that he is fulfilling this very ideal of Homeopathy for his patients. Here I would like to specially congratulate him for bringing out the 100th edition of his very informative newsletter on Homeopathy. I positively look forward to read many more editions in times to come

H S GORAYA, PMG
(I.G.P) Retd.



Congratulations on the upcoming AKGs Newsletter. It contains wonderful information about many diseases and how to cure them through Homeopathy. I have read earlier issues of the newsletter. I wanted to thank you for a very insightful newsletter.

Sushil Kumar Sen
Academic Programmes Officer



International Forum for Promoting Homeopathy - IFPH, was formed by Homeopathic Doctors, Lovers and Students at the time of the Pandemic COVID19, when the whole world remained standstill without any solution for the Sars-CoV 2 viral infection. Fortunately, Homeopathy came out as the best solution for the totalistic handling of the viral infections including covid19, but world at large remained unaware about it.

It is in the same light that I consider the great role of the Monthly News Letter - AKGsOVIHAMS - from my Great Dear Friend Dr. A. K. Gupta from New Delhi. This monthly new letter is reaching its 100th issue on January 2022. **THE QUALITY AND CONTENT OF THE NEWSLETTER IS OF VERY HIGH STANDARD AND BOTH HOMEOPATHIC DOCTORS AND LOVERS CAN GET LOT OF INSPIRING AND EDUCATIONAL INFORMATION FROM THE NEWS LETTER.** It is the outcome of constant, sincere and dedicated efforts made by the team of Homeopathic Doctors and Staff of AKGsOVIHAMS. I wish great success for the future of issues of the New Letter in educating and inspiring the public at large about the potentials and possibilities of Homeopathy in the prevention, treatment and rehabilitation of human sufferings.

Dr. Shaji Varghese Kudiyat
Vice-President, IFPH;
President, Philippine Homeopathic Foundation, Inc.
www.doctorcancer.org

WE WANT TO SAY A BIG

thank
you

FOR ALL YOUR SUPPORT

AKGsOVIHAMS MEDICAL CENTRE

Homoeo - Psycho Cure n Care with Wellness

(Accredited in LIMCA Book of Records; Global Healthcare Excellence Awardee)

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