

OCT 2018 ISSUE - LXI

# SPECIAL ANNIVERSARY ISSUE



Special occasions require special treatment! This issue is one such effort on our part to mark the 1st Anniversary of AKGsOVIHAMS Medical Centre at Pitampura.

Here's a glimpse of all the activities and events that were observed during the past year. We thank you for all your support and blessings! :-)



# 5 YEARS & 60 ISSUES OF NEWSLETTER



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# MEDIA COVERAGE

## एकेजी ओविहम्स मेडिकल सेंटर में विश्व मानसिक स्वास्थ्य सप्ताह का आयोजन

शुक्रवारी, 07 अक्टूबर को एकेजी ओविहम्स मेडिकल सेंटर में विश्व मानसिक स्वास्थ्य सप्ताह का आयोजन किया गया। कार्यक्रम में डॉ. ए.के. गुप्ता ने मानसिक स्वास्थ्य के महत्व और इसके खतरों के बारे में जानकारी दी। कार्यक्रम में डॉ. ए.के. गुप्ता ने मानसिक स्वास्थ्य के महत्व और इसके खतरों के बारे में जानकारी दी।

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08 मेडिकल सप्ताह

## होम्योपैथी एवं परामर्श से छूट सकती है धूम्रपान की आदत : विशेषज्ञ

विश्व स्वास्थ्य संगठन (WHO) के अनुसार, धूम्रपान से होने वाले नुकसान को कम करने के लिए धूम्रपान से छूटने में मदद करने के लिए होम्योपैथी और परामर्श का उपयोग किया जा सकता है। विशेषज्ञों का मानना ​​है कि धूम्रपान से छूटने में मदद करने के लिए होम्योपैथी और परामर्श का उपयोग किया जा सकता है।

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## मनोविज्ञान के साथ होम्योपैथी का संयोजन आज के रोगियों के लिए वरदान

मनोविज्ञान के साथ होम्योपैथी का संयोजन आज के रोगियों के लिए वरदान है। यह रोगियों को उनके मनोवैज्ञानिक और शारीरिक स्वास्थ्य को बेहतर बनाने में मदद करता है।

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## न्यूज फोल्डर

न्यूज फोल्डर में अनेक स्वास्थ्य संबंधी लेखों का संग्रह है। इसमें मानसिक स्वास्थ्य, होम्योपैथी, और अन्य चिकित्सा विषयों पर लेख शामिल हैं।

## एकेजीओविहम्स मेडिकल सेंटर, पीतमपुरा की पहली वर्षगांठ



एकेजीओविहम्स मेडिकल सेंटर, पीतमपुरा की पहली वर्षगांठ का आयोजन किया गया। कार्यक्रम में डॉ. ए.के. गुप्ता ने संस्थान के विकास और भविष्य के लिए योजनाओं के बारे में जानकारी दी।



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## मराठेदेली

मराठेदेली में डॉ. ए.के. गुप्ता ने कोप टाउन में वेहेसेट सिंड्रोम पर पेपर प्रस्तुत किया।

## डॉ. ए.के. गुप्ता ने कोप टाउन में वेहेसेट सिंड्रोम पर पेपर प्रस्तुत किया

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# PRESENTATIONS SEMINARS





# CAMPS & OTHER ACTIVITIES



THEME: YOUNG PEOPLE AND MENTAL HEALTH IN A CHANGING WORLD

**World Mental Health Day**  
10th October

Overcome  
Grief Obstacles  
Awareness Illness  
Ashamed Depression  
Mental Health  
Anxiety D  
Distressed  
Stigma An



AKGs **OVIHAMS** In Association With

**WELCOMES ALL**  
on 1<sup>st</sup> ANNIVERSARY OF  
AKGsOVIHAMS Medical Centre, Pitampura  
**SEMINAR on IODINE DEFICIENCY DISORDERS**  
With



AKGs OVIHAMS MEDICAL CENTRE  
2<sup>nd</sup> SATURDAY  
NEXT MONTHLY CAMP ON "20-02-2018"  
ON  
**BLOOD PRESSURE**  
Times: 9 am - 1 pm  
25% DISCOUNT ON LAB TEST  
REGISTER AT RECEPTION  
Ph - 011-40392959

## CAMP on HOMOEOPATHY & PSYCHOLOGY



K G Suresh  
BSc, BHM

Prof. Dr. A



# RADIO SHOWS & INTERVIEWS



## A word from the Professionals:-

**Prof. Dr. A. K. Gupta, Founder-Director AKGsOVIHAMS** - *“It’s a matter of great Pleasure and Pride for us that we have completed One Year of AKGsOVIHAMS Medical Centre at Pitampura.... Though AKGsOVIHAMS has been in existence for the past 19 years in the service of humanity.... I thank you for all your love and support and assure you to provide our best services in the future as well!”*



To watch the full video, click on the link - [https://www.youtube.com/watch?v=tgC0\\_GqYI-M](https://www.youtube.com/watch?v=tgC0_GqYI-M)



**Dr. Sanket Gupta, MD (Hom), Homoeopathic Consultant** – *Thank you for your continuous love and support. We will keep striving hard for excellence in healthcare. In future, we are planning to come up with training and wellness programmes for which we seek your blessings!*

**Kaartik Gupta, MPhil (Cli. Psy.), Clinical Psychologist** – *We Thank you all for your continuous love, support and blessings. Looking forward to many more years of our collaboration in creating a Physically, Mentally, Emotionally and Spiritually Healthy Mankind!*



**Dr. Nishit Gupta, MD (Pathology) FASCP** - *It’s been an eminent association with Great Maestro Prof Dr. A. K. Gupta sir, a true professional. He is always working for the patient care with many papers and publications and awards for his great work. Pathology is an integrated part in the patient care and has key role in diagnosis and management. We at Nishit Clinical Laboratory are dedicated for quality and accuracy and are committed to bend upon it since 1984 and same is true of AKGsOVIHAMS a dedicated team of homoeopath doctors delivering best of world class patient care.*

**Dr. Praveen Gautam, BHMS, Homoeopathic Doctor** – *I would like to thank Prof. Dr. A. K. Gupta, all team members of AKGsOVIHAMS and our dear patients for giving me the opportunity to provide my services. It’s been a great experience till now and I will try to be more efficient in the future. We at AKGsOVIHAMS are always striving to provide our services for the betterment and ideal cure of our patients.*



**Manish Gupta, Acupressure Specialist** – *My association with Dr. A. K. Gupta goes long back and it has been a great experience working with him. Acupressure, Acupuncture and EFT services are now being provided at the Pitampura Branch and I assure my contribution in providing the best healthcare services as part of Team AKGsOVIHAMS.*

## **Our Support Staff**



**Sanjay**



**Sangeeta**



**Jitender**



**Vinay**



**Manish**



## YOUR SATISFACTION – OUR AIM!

**Prof. Dr. A. K. Gupta** is an excellent doctor. He has treated me and my family since many years and from smallest trouble to huge diseases, we rush to seek his help. It is due to his generosity and selfless service to his patients, that one finds immense satisfaction and solace in his clinic. With Homoeopathy and Dr. A. K. Gupta, I have always felt that I am in very safe and sure hands. The level of clinical acumen and clinical management of a disease Dr. Gupta has to offer is unmatched. Kudos to Homoeopathy and Dr. A. K. Gupta. – **Mr. Umesh**

“My family members and I have been treated successfully for various health problems by **Dr. Sanket Gupta**. He is a friendly, terrific and knowledgeable doctor who explains the problem without scaring you and rules out any doubts. He also responds to calls in emergency and renders help. Moreover, he is very punctual which is the best quality of a doctor. Kudos to AKGsOVIHAMS. I’d like to extend my thanks to justdial as well, who directed me to him the very first time about 5 to 6 years ago. – **Ms. Rose Ann**

“From the 1<sup>st</sup> time I spoke to **Mr. Kaartik Gupta** on the phone, I intuitively felt that he was an extraordinarily sincere, knowledgeable, empathetic and objective individual. My in-person meeting not only confirmed this, but exceeded my expectations - by far. He’s an exceptionally good listener and has an impeccable bedside manner that puts you at ease straight away. At no point, not for a second, did he try to rush me or interrupt. Moreover, his explanations regarding my psychological challenges were grounded in a thorough understanding of the issues involved, and yet, he was able to explain them in a profoundly simple way. Within 2 sessions, I already believe I’m on the right track in getting a long term solution for matters that I have grappled with for quite some time. I would strongly recommend him to anyone who needs a professional, incisive and friendly guidance in tackling life’s myriad problems.” – **Mr. S. K.**



### CONGRATULATORY MESSAGES!

“Respected Dr. A. K. Gupta ji, Congratulations for the 1st Anniversary of AKGsOVIHAMS, Pitampura Branch. I am the most satisfied person with your magical treatment with the magical pills for any ailment affecting me or my family. May God Bless You always to treat everybody for any ailment at any time. Good Luck! – **Mr. Vinod Monga**

“I am associated with AKGsOVIHAMS for almost 2 years and taking medicine from Dr. A. K. Gupta. His wide knowledge spectrum, holistic approach and counselling has helped me a lot. I congratulate him and the team of AKGsOVIHAMS on the 1<sup>st</sup> Anniversary of Pitampura branch and special anniversary issue of newsletter! - **Mr. Rishu Jaidak**

To view all previous issues of the newsletter, [Click here](#)

AKGsOVIHAMS Medical Centre dedicated to Homoeo – Psycho Cure & Care with Wellness has been a pioneer over the years in treating difficult and incurable conditions with a good success rate and we are continuously engaged and striving in our endeavour with Homoeopathic Clinical research to combat the dreadful -

- **Motor Neuron Diseases (MND)**
- **Epidermolysis Bullosa (E.B.)**



- **Behcet's Disease (BD)**
- **Spasmodic Dysphonia (SD)**

# AKGsOVIHAMS MEDICAL CENTRE

Homoeo - Psycho Cure & Care *with Wellness*

(Accredited in LIMCA Book of Records; Global Healthcare Excellence Awardee)

**WEST DELHI** - J-158, Rajouri Garden, opp. Metro pillar 415-416

Tel: 011-25101989, 011-25430368; Fax – 011-25111989; M- 7011842322

**SOUTH DELHI** - 158, Satya Niketan, Moti Bagh, near Nanak Pura Gurudwara

Tel: 011-24100494; M- 8356904562

**NORTH DELHI** - RU-115, Pitam Pura, opp. Power House; Tel: 011- 40392959; M- 8851653345

EMERGENCY HELPLINE – **9811341238, 9711013938, 9711981553**

Emails – [drakgupta@ovihams.com](mailto:drakgupta@ovihams.com); [drsanketgupta@ovihams.com](mailto:drsanketgupta@ovihams.com); [kaartikgupta@ovihams.com](mailto:kaartikgupta@ovihams.com)

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